

Stipends

Effective with all Kirschstein-NRSA awards made on or after October 1, 2023, the following annual stipend levels apply to all individuals receiving support through institutional research training grants or individual fellowships.

Undergraduates: For institutional training grants supporting undergraduate trainees (T34, TL4), appointments for undergraduate candidates will continue to be made by distinct categories (i.e., Freshmen/Sophomores and Juniors/Seniors), but the stipend levels for the categories will be the same:

Career Level	Stipend for FY 2024	Monthly Stipend
Freshmen/Sophomores/Juniors/Seniors	\$14,340	\$1,195

Predoctoral Trainees

and Fellows: For institutional training grants (T32, T35, T90, TL1) and individual fellowships (F30, F31), one stipend level is used for all predoctoral candidates, regardless of the level of experience.

Career Level	Years of Experience	Stipend for FY 2024	Monthly Stipend
Predoctoral	All	\$28,224	\$2,352

Postdoctoral Trainees

and Fellows: For institutional training grants (T32, T90, TL1) and individual fellowships (F32), the stipend level for the entire first year of support is determined by the number of full years of relevant postdoctoral experience when the award is issued. Relevant experience may include research experience (including industrial), teaching assistantship, internship, residency, clinical duties, or other time spent in a health-related field beyond that of the qualifying doctoral degree. Once the appropriate stipend level has been determined, the trainee or fellow must be paid at that level for the entire grant year. The stipend for each additional year of Kirschstein-NRSA support is the next level in the stipend structure and does not change mid-year.

Career Level	Years of Experience	Stipend for FY 2024	Monthly Stipend
Postdoctoral	0	\$61,008	\$5,084
Postdoctoral	1	\$61,428	\$5,119
Postdoctoral	2	\$61,884	\$5,157
Postdoctoral	3	\$64,356	\$5,363
Postdoctoral	4	\$66,492	\$5,541
Postdoctoral	5	\$68,964	\$5,747
Postdoctoral	6	\$71,532	\$5,961
Postdoctoral	7 or More	\$74,088	\$6,174

Senior Fellows (F33 only): The stipend level must be commensurate with the base salary or remuneration that would have been paid by the institution with which the individual is permanently affiliated when the award is issued but cannot exceed the current Kirschstein-NRSA stipend limit set by the NIH for those with 7 or more years of experience. The level of Kirschstein-NRSA support will take into account concurrent salary support provided by the institution and the policy of the sponsoring institution. NIH support does not provide fringe benefits for senior fellows.